

Contents

Preface	vii
Acknowledgments	xi
Introduction	xxvii
Section I Drive Theory	
1 Sigmund Freud (1856–1939)	3
<i>Publishing Era (1888–1950)</i>	
Biographical Information.....	3
Laboratory Research, Military Service and Medicine	3
Jean Martin Charcot and Josef Breuer	4
Martha Bernays	4
Wilhelm Fliess: The Project, Freud’s Self-Analysis, and The Cocaine Episode.....	4
Professorship and Relocation	6
Study Groups.....	6
Visit to America	6
The Committee	7
Karl Abraham (1877–1925).....	7
The First World War and The Emergence of The Death Instinct.....	9
Psychoanalysis of Anna (1895–1982).....	10
Cancer.....	10
The Goethe Prize and The Final Years.....	11
Conceptual Framework	11
Freud’s Metapsychological Framework	13
Theory of Development	24
The Psychosexual Framework.....	24
Case Illustration: Little Hans	33
Introduction	34
The Analysis of Hans’ Phobia.....	34
Discussion	37

Summary and Conclusion 37
 Keywords..... 39
 References..... 39
 Major Works (S. Freud and K. Abraham)..... 44
 Supplementary Readings 45

Section II Ego Psychological Theories

2 Heinz Hartmann (1894–1970)..... 49
Publishing Era (1917–1966)

Biographical Information..... 49
 Conceptual Framework 51
 The Ego Reconceptualized..... 53
 Primary and Secondary Autonomous Ego Functions 53
 Ego Defenses..... 54
 Adaptation and Accommodation..... 55
 Ego-Syntonic and Ego-Dystonic Responses 55
 In His Own Words..... 55
 Summary and Conclusion 58
 Keywords..... 59
 References 59
 Major Works 60
 Supplementary Readings 60

3 Anna Freud (1895–1982)..... 61
Publishing Era (1922–1982)

Biographical Information..... 61
 Teacher and Psychoanalyst..... 62
 Child Analysis 63
 The Emergence of Ego Psychology and Sigmund Freud’s Death..... 64
 The War Nurseries..... 64
 The Controversial Discussions 65
 The Productive Years..... 66
 Her Legacy 67
 Theory of Development 67
 Defense Mechanisms..... 70
 On Adolescence..... 71
 Diagnostic Profile..... 74
 Case Illustration 77
 Summary and Conclusions 78
 Keywords..... 78
 References..... 79
 Supplementary Readings 80

4 Rene Spitz (1887–1974)..... 81
Publishing Era (1945–1974)

Biographical Information..... 81
 The Importance of Infant Observation 81
 “Hospitalism” and Anaclitic Depression..... 82
 Theory of Development 83
 The Objectless Stage (Birth to 10–12 Weeks)..... 85
 The Establishment of the Libidinal Object
 (3 Months to 12–15 Months)..... 86
 The Beginning of Human Communication
 (from 15 Months on) 87
 Case Illustration 90
 Summary and Conclusion 91
 Keywords..... 92
 References 92
 Major Works 93
 Supplementary Readings 94

5 Peter Blos (1904–1997)..... 95
Publishing Era (1941–1998)

Biographical Information..... 95
 Theory of Development 97
 Latency: 7–11 Years 100
 Preadolescence: 11–13 Years 100
 Adolescence: The Second Individuation Process: 13–18 Years..... 102
 Case Illustration 105
 Summary and Conclusions 109
 Keywords..... 109
 References 109
 Major Works 110
 Supplementary Readings 111

6 Greenspan (1941–) 113
Publishing Era: 1972 to the Present

Biographical Information..... 113
 Theory of Development 115
 Emotions as Architects of the Mind..... 117
 The Six Stages of Functional/Emotional Development 118
 Case Illustration 122
 Interview..... 122
 Comments [Greenspan Continues]..... 123
 Summary and Conclusions 123
 Keywords..... 124

References..... 124
 Major Works 125

Section III Object Relations Theories

7 Melanie Klein (1882–1960)..... 129
Publishing Era (1923–1960)

Biographical Information..... 129
 Theory of Development 132
 Paranoid-Schizoid Position: 0 to 3–4 Months..... 134
 Depressive Position: 3–4 to 6 Months..... 135
 Depressive Position: 6 Months to 12 Months 137
 Depressive Position: 12–24 Months..... 138
 Case Illustration 138
 Ninety-Second Session..... 139
 Notes to Ninety-Second Session 141
 Summary and Conclusions 142
 Keywords..... 143
 References 143
 Major Works 144
 Supplementary Readings 145

8 Donald Winnicott (1896–1971) 147
Publishing Era (1931–1971)

Biographical Information..... 147
 Theory of Development 149
 Phase of Absolute Dependence..... 150
 Phase of Relative Dependence 152
 Toward Independence..... 154
 Case Illustration 154
 Summary and Conclusions 159
 Keywords..... 160
 References 160
 Major Works 161
 Supplementary Readings 162

9 Margaret Mahler (1897–1985)..... 163
Publishing Era (1938–1980)

Biographical Information..... 163
 Vienna..... 165
 New York..... 166
 Theory of Development 168
 Forerunners of the Separation–Individuation Process 169

Separation–Individuation Proper: 5–36 Months and Beyond..... 171
 Beginnings of Emotional Self- and Object-Constancy:
 24–36 Months and Beyond 174
 Case Illustration 175
 Background..... 175
 Summary and Conclusions..... 177
 Keywords 178
 References 178
 Major Works..... 179
 Supplementary Readings..... 180

10 Otto F. Kernberg (1928–)..... 181
Publishing Era: 1963 to the present

Biographical Information..... 181
 Conceptual Framework 182
 Theory of Development 185
 Normal Development..... 185
 Abnormal Development..... 187
 Case Illustration 189
 Summary and Conclusions..... 192
 Keywords 193
 References 194
 Major Works..... 194
 Supplementary Readings..... 196

Section IV Life Cycle Theory

11 Erik Erikson (1902–1994)..... 199
Publishing Era (1937–1980)

Biographical Information..... 199
 The Vienna Period (1927–1933): Erik Homburger..... 201
 The American Period (1933–1994): Erik H. Erikson 202
 Theory of Development 207
 The Eight Ages of Man..... 210
 Case Illustration 219
 Summary and Conclusions..... 222
 Keywords 223
 References 223
 Major Works..... 224
 Supplementary Readings..... 224

Section V Interpersonal Theory

12 Harry Stack Sullivan (1892–1949)..... 227
Publishing Era (1925–1947)

- Biographical Information..... 227
- Theory of Development 229
 - The Self-System..... 229
 - Developmental Epochs 232
- Case Illustration 238
- Summary and Conclusions..... 239
 - Keywords 239
- References 240
- Major Works..... 240
- Supplementary Readings..... 240

Section VI Theories of the Self

13 Daniel Stern (1934–) 243
Publishing Era: 1963 to the present

- Biographical Information..... 243
 - Academic Training..... 243
 - Teaching..... 244
 - Publications..... 244
 - The Boston Change Process Study Group..... 244
- Theory of Development 246
 - Domain I: The Domain of the Emergent Self: 0–2 Months..... 247
 - Domain II: The Core Sense of Self: 2–7 Months 248
 - Domain III: The Subjective Sense of Self: 7–15 Months 250
 - Domain IV: The Verbal Sense of Self: 15–30 Months 251
 - Domain V: The Narrative Sense of Self: 30–48 Months 252
- Case Illustration 252
- Summary and Conclusions..... 254
 - Keywords 255
- References 255
- Major Works..... 256
- Supplementary Readings..... 256

14 Heinz Kohut (1913–1981) 257
Publishing Era (1950–1984)

- Biographical Information..... 257
 - Chicago 259
 - Mr. Psychoanalysis 260
 - The New Paradigm..... 261
- Theory of Development 262

- The Concept of Self 263
- The Development of the Bipolar Self 263
- Case Illustration 276
- Summary and Conclusions..... 278
- Keywords 279
- References 279
- Major Works..... 280
- Supplementary Readings..... 281

Section VII Attachment Theories

Part 1: Traditional Attachment Theories

- 15 John Bowlby (1907–1990)..... 287**
 - Publishing Era (1952–1990)*
 - Biographical Information..... 287
 - The Tavistock Years 288
 - Exclusion from the Psychoanalytic Community 288
 - Darwin Biography..... 290
 - Theory of Development 291
 - Ethological/Evolutionary Approach 292
 - Attachment..... 296
 - In His Own Words..... 297
 - Summary and Conclusions..... 299
 - Keywords 300
 - References 300
 - Major Works..... 301
 - Supplementary Readings..... 301

- 16 Mary Salter Ainsworth (1913–1999) 303**
 - Publishing Era (1951–1999)*
 - Biographical Information..... 303
 - Theoretical Contributions..... 304
 - Attachment Classification 304
 - Main’s Contributions to Attachment Theory 307
 - Disorganized/Disoriented Attachments 307
 - The Adult Attachment Interview 308
 - Ainsworth’s Theory of Development..... 310
 - In Her Own Words 311
 - Relationship Between Strange-Situation Behavior
and Maternal Behavior..... 311
 - Summary and Conclusions..... 313
 - Keywords 313
 - References 314

Major Works..... 314
 Supplementary Reading 314

**Part 2: Neurodevelopmental Attachment Theories:
 The Return to Psychoanalysis**

17 Allen N. Schore (1943–) 319
Publishing Era: 1991 to the Present

Biographical Information 319
 Theory of Development 322
 The Neurobiology of Secure Attachments..... 323
 The Rupture and Repair Sequence..... 323
 Internal Working Models 324
 Schore on Attachment Theory 324
 Attachment Redefined as a Regulatory System 325
 Psychoneurobiological Development 326
 The Orbital Frontal Region 327
 The Limbic System 328
 The Neurobiology of Insecure Attachments 328
 In His Own Words..... 329
 Interactive Affect Regulation: A Fundamental
 Mechanism of Attachment Dynamics..... 329
 Summary and Conclusions..... 331
 Keywords 332
 References 332
 Major Works..... 333

18 Peter Fonagy (1952–) 335
Publishing Era: 1984 to the Present

Biographical Information 335
 Conceptual Framework 336
 Attachment Theory and Psychoanalytic Theory..... 337
 Internal Working Models 338
 Theory of Development 339
 Development of the Self 340
 Case Illustration 342
 Summary and Conclusions..... 345
 Keywords 346
 References 346
 Major Works..... 347

19 Conclusion	349
Intellectual Underpinning of Psychoanalytic	
Developmental Theories	349
The Positivist Perspective	351
The Postmodern Worldview.....	353
What the Future Holds	357
Neuroscience and Psychoanalysis.....	358
Neuropsychanalysis: A New Paradigm.....	358
Strategies for the Integration of Neurobiology and Psychoanalysis	360
The View Beyond the Horizon.....	362
Keywords	363
References	363
Appendix A	369
Appendix B	373
Appendix C	395
Name Index	397
Subject Index	403