

Contents

Foreword by <i>Leslie Klenerman</i>	vii
Preface	ix
Contributors	xiii
1. The History of the Tendo Achillis and Its Rupture	1
<i>Leslie Klenerman</i>	
2. The Anatomy of the Achilles Tendon	5
<i>Michael Benjamin, P. Theobald, D. Suzuki, and H. Toumi</i>	
3. Biomechanics of the Achilles Tendon	17
<i>Constantinos N. Maganaris, Marco V. Narici, Louis C. Almekinders,</i> <i>and Nicola Maffulli</i>	
4. Imaging of the Achilles Tendon	25
<i>Robert R. Bleakney, Lawrence M. White, and Nicola Maffulli</i>	
5. Etiology and Epidemiology of Achilles Tendon Problems	39
<i>Jonathan S. Young and Nicola Maffulli</i>	
6. Paratendinopathy of the Achilles Tendon	50
<i>Mika Paavola, Murali K. Sayana, and Nicola Maffulli</i>	
7. Tendinopathy of the Main Body of the Achilles Tendon	59
<i>Adam Ajis, Nicola Maffulli, Hakan Alfredson,</i> <i>and Louis C. Almekinders</i>	
8. Custom Foot Orthotic Management in Achilles Tendinopathy	70
<i>R. Neil Humble</i>	
9. Percutaneous Surgical Management of Achilles Tendinopathy	83
<i>Vittorino Testa, Murali K. Sayana, Jonathan S. Young, and Nicola Maffulli</i>	
10. Open Surgery for Achilles Tendinopathy	93
<i>Murali K. Sayana, Louis C. Almekinders, and Nicola Maffulli</i>	
11. Flexor Hallucis Longus Augmentation for Insertional or Noninsertional Achilles Tendinopathy	99
<i>Gregory P. Guyton</i>	

12.	Generalities of Insertional Tendinopathy	113
	<i>Jonathan S. Young, Murali K. Sayana, and Nicola Maffulli</i>	
13.	Insertional Tendinopathy of the Achilles Tendon	121
	<i>Murali K. Sayana and Nicola Maffulli</i>	
14.	Endoscopic Techniques	133
	<i>Ferry Steenstra and C.N. van Dijk</i>	
15.	Achilles Tendon Rupture Generalities	141
	<i>Jonathan S. Young, Tomas Movin, and Nicola Maffulli</i>	
16.	Conservative Management of Acute Achilles Tendon Rupture	151
	<i>Adam Ajis and Richard G.H. Wallace</i>	
17.	Open Surgery for Achilles Tendon Ruptures	159
	<i>Louis C. Almekinders and Nicola Maffulli</i>	
18.	Chronic Ruptures of the Achilles Tendon	165
	<i>Jonathan S. Young and Nicola Maffulli</i>	
19.	Fascial Turn-Down Flap Repair of Chronic Achilles Tendon Rupture	174
	<i>S. Ghosh, P. Laing, and Nicola Maffulli</i>	
20.	Peroneus Brevis Tendon Transfer for Chronic Achilles Tendon Ruptures	181
	<i>Jonathan S. Young, Murali K. Sayana, D. McClelland, and Nicola Maffulli</i>	
21.	Free Gracilis Tendon Transfer for Chronic Rupture of the Achilles Tendon	188
	<i>Jonathan S. Young, Wayne B. Leadbetter, and Nicola Maffulli</i>	
22.	Chronic Ruptures of the Achilles Tendon: Management with Synthetic Material	195
	<i>Graham Keith Sefton</i>	
23.	Management of Complications	208
	<i>Daniel N. Ronel</i>	
24.	The Achilles Tendon, Ankle Equinus, and Athletes	218
	<i>Amol Saxena and Christopher W. Di Giovanni</i>	
25.	Achilles Tendon Involvement in Pediatric Conditions	236
	<i>Ramanathan Natarajan and W.J. Ribbans</i>	
26.	Medico-Legal Aspects of Achilles Tendon Disorders	252
	<i>W.J. Ribbans and Ramanathan Natarajan</i>	
27.	Genes and the Achilles Tendon	269
	<i>Adam Ajis and Nicola Maffulli</i>	
	Index	277